

Cadavric  
workshops at  
**Operating  
Room X**

**Preliminary Program**

# 1<sup>st</sup> Balgrist Ilizarov Hands-on Course

**Thursday, November 7<sup>th</sup> - Friday, November 8<sup>th</sup>, 2024**

9.00 – 16.00

Balgrist University Hospital, Zurich



Universität  
Zürich

swiss  
olympic

Medical  
Center

We are very pleased to announce the first Ilizarov Hands-on Course taking place at the Balgrist University Hospital in Zurich.

The Ilizarov technique is a powerful tool for foot and ankle surgeons. We routinely use the Ilizarov ring fixator, especially for complex cases. The technique is demanding and complex. Not only does the assembly of the ringfixateur needs experience but also the re-construction of the foot in the first step is challenging.

The course aims to provide knowledge, tips and tricks and hands-on experience in using the ring fixator and to address the underlying pathologies. In the morning we will teach you the theoretical knowledge and in the afternoon we focus on hands-on practise with specimen at our surgical research and training facility Operating Room X (OR-X).

We are looking forward to your participation.

**PD Dr. med. Stephan Wirth**  
Head of University Foot Center and  
Head of Foot and Ankle Surgery  
Balgrist Universtiy Hospital  
Course Chairman

**Foot and Ankle Surgery Team  
Balgrist University Hospital**  
PD Dr. med. dipl.-Phys. Arnd Viehöfer  
PD Dr. med. Silvan Beeler  
Dr. med. Pascal Furrer

#### Course supporters:

Medeco-ch

 **ORTHOFIX**<sup>®</sup>

#### Location

Balgrist Universtiy Hospital  
Forchstrasse 340  
8008 Zurich, Switzerland

Workshop facility  
Operating Room X  
[www.or-x.ch](http://www.or-x.ch)

#### CME Credits (to be confirmed)

Swiss Orthopaedics

#### Course fee / Registration

Course fee 1400 Swiss Francs  
(including workshops, lunches,  
coffee breaks and course dinner)



[www.balgrist.ch/  
kongresse](http://www.balgrist.ch/kongresse) or scan  
QR code

#### Contact

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## Program

### Thursday, November 7<sup>th</sup>, 2024

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<b>from</b>	<b>Registration &amp; Welcome coffee</b>	
<b>08.30</b>		
<b>09.00</b>	Welcome	Stephan Wirth
<b>09.10</b>	Short Introduction to Ilizarov Ring Fixateur	
<b>09.20</b>	Technique of Ilizarov Ring Fixateur	
<b>09.35</b>	Indications & advantages for Ilizarov Ring Fixateur	Foot and Ankle Surgery Team Balgrist
<b>09.55</b>	Case presentations	
<b>10.10</b>	Discussion	All
<b>10.15</b>	<b>Coffee break</b>	
<b>10.30</b>	Live surgery	Stephan Wirth
<b>12.00</b>	<b>Lunch break</b>	
<b>13.00</b>	<i>Transit to workshop facility Prepare for Hands-on Training</i>	<i>OR-X Team</i>
<b>13.30</b>	Hands-on training	Foot and Ankle Surgery Team Balgrist
<b>16.00</b>	Wrap - up first course day	Stephan Wirth
<b>19.00</b>	<b>Course Dinner in Zurich</b>	

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## Program

Friday, November 8<sup>th</sup>, 2024

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<b>09.00</b>	Theory & Basics: <ul style="list-style-type: none"><li>• Charcot</li><li>• Infections</li><li>• Reconstruction</li></ul>	Stephan Wirth
<b>09.45</b>	Using Ilizarov Ringfixator for Charcot of the ankle Principles and Hints	
<b>10.05</b>	Using Ilizarov Ringfixator for Midfoot Charcot	Foot and Ankle Surgery Team Balgrist
<b>10.20</b>	Using Ilizarov Ringfixator for Hindfoot reconstruction	
<b>10.35</b>	Complex Cases	
<b>11.00</b>	<b><i>Coffee break</i></b>	
<b>11.15</b>	Postoperative Care	
<b>11.30</b>	Interdisciplinary approach	
<b>11.45</b>	Approach from an infectious point of view	Foot and Ankle Surgery Team Balgrist
<b>12.00</b>	What is literature saying?	
<b>12.15</b>	Cases of the attendees	All
<b>12.45</b>	<b><i>Lunch break</i></b>	
<b>13.30</b>	<i>Transit to workshop facility Prepare for Hands-on Training</i>	<i>Team OR-X</i>
<b>14.00</b>	Hands-on training	Foot and Ankle Surgery Team Balgrist
<b>16.00</b>	Wrap - up and End of course	Stephan Wirth

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